



MENU (Autumn 2018)

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice 1	Beef Bolognaise Wholewheat Pasta	Turkey & Pepper Hotpot	Roast Gammon Yorkshire Pudding	Shepherd's Pie	Battered Cod or Fish Fingers
Main Choice 2	Tuna Fish Cake	Organic Pork Meatballs in Gravy	Sweet Potato & Chick Pea Curry	Oaty Breaded Chicken Fillet	Ham Cheese & Tomato Swirls
Vegetarian Choice	Butter Bean Moussaka	Lentil Dahl	Quorn Fillet in Gravy	Butternut Squash Risotto	Baked Quorn Dippers
Vegetables	New Potatoes Green Beans Carrots	Rice Naan Bread Broccoli Kale	Roast Potatoes Farmhouse Vegetables Quinoa Peas	Duchess Potatoes Stir Fry Carrots Sweetcorn Wholemeal Roll	Chipped Potatoes Peas Baked Beans Bread Selection

Freshly Baked Bread and a Salad Bar are available daily. Jacket Potatoes are available daily with various fillings

Dessert	Lemon Drizzle Cake	Strawberry Mousse	Apple & Oat Cookie	Berry Sponge & Custard	Banana & Chocolate Cake
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Drinking Water is available daily

DAILY ADDITIONS FOR YEARS 7 – 11

A selection of Fresh Baguettes, Sandwiches (made on site), Cookies, Cakes and Buns,
Fresh Fruit, Milk, Milkshakes, Fruit Juices.