



MENU (Autumn 2018)

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice 1	Turkey & Vegetable Lasagne	Keema Curry	Roast Chicken in Gravy Yorkshire Pudding	Beef Ragu	Battered Haddock or Fish Fingers
Main Choice 2	Lamb Meatballs served with Moroccan Sauce or Minted Gravy	Mozzarella & Tomato Pizza	Pork Steak in Gravy Yorkshire Pudding	Sweet Pepper Chickpea & Tomato Pasta Sauce	Bacon & Cheese Slice
Vegetarian Choice	Quorn Sausage in Gravy	Mushroom Stroganoff	Ratatouille & Melting Mozzarella Crumble	Lentil Bake	Vegetable Kiev
Vegetables	Rice Pumpkin Seed Bread New Potato Broccoli Green Beans	Baked Potato Wedges Couscous Sweetcorn Peas	Roast Potatoes Cabbage Carrots Sunflower Bread	Wholewheat Pasta Country Vegetables Crusty Bread	Chipped Potatoes Peas Baked Beans
Freshly Baked Bread and a Salad Bar are available daily. Jacket Potatoes are available daily with various fillings					
Desserts	Pear Sponge & Chocolate Sauce	Crumble Cookie	Chocolate Beetroot Cake with Custard	Apple & Raspberry Muffin	Cherry Cheesecake
Drinking Water is available daily					
DAILY ADDITIONS FOR YEARS 7 – 11					
A selection of Fresh Baguettes, Sandwiches (made on site), Cookies, Cakes and Buns, Fresh Fruit, Milk, Milkshakes, Fruit Juices.					