



NURSERY MENU (Autumn 2018)

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey & Vegetable	Pork & Vegetable	Roast Chicken in	Beef Ragu	Battered Haddock
Lasagne	Casserole	Gravy	Wholewheat Pasta	or
Pumpkin Seed Bread	Baked Potato Wedges	Yorkshire Pudding	Country Vegetables	Fish Fingers
Broccoli	Couscous	Roast Potatoes		Chipped Potatoes
Green Beans	Sweetcorn	Cabbage		Peas
	Peas	Carrots		Baked Beans
Pear Sponge &		Chocolate Beetroot	Apple & Raspberry	
Chocolate Sauce	Crumble Cookie	Cake with Custard	Muffin	Cherry Cheesecake
or	or	or	or	or
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
or	or	or	or	or
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit