



# MENU (Spring 2019)

## Week 1

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Main Choice 1</b>	Beef Bolognaise Wholewheat Pasta	Turkey & Pepper Hotpot	Roast Gammon Yorkshire Pudding	Shepherd's Pie	Battered Cod or Fish Fingers
<b>Main Choice 2</b>	Tuna Fish Cake	Chicken Meatballs in Gravy	Sweet Potato & Chick Pea Curry	Oaty Breaded Chicken Fillet	Quorn Dippers
<b>Vegetarian Choice</b>	Butter Bean Moussaka	Lentil Dahl	Quorn Fillet in Gravy	Gnocchi Butternut Squash & Goats Cheese	Chorizo Pasta Bake
<b>Vegetables</b>	New Potatoes Green Beans Carrots	Rice Naan Bread Broccoli Kale	Roast Potatoes Farmhouse Vegetables Quinoa Peas	Duchess Potatoes Roasted Red Pepper and Onions Sweetcorn Wholemeal Roll	Chipped Potatoes Peas Baked Beans Bread Selection
<b>Freshly Baked Bread and a Salad Bar are available daily. Jacket Potatoes are available daily with various fillings</b>					
<b>Dessert</b>	Lemon Drizzle Cake	Strawberry Mousse	Chocolate Cracknel	Fruit Crumble & Custard	Marble Slice
<b>Drinking Water is available daily</b>					

### DAILY ADDITIONS FOR YEARS 7 – 11

A selection of Fresh Baguettes, Sandwiches (made on site), Cookies, Cakes and Buns,  
Fresh Fruit, Milk, Milkshakes, Fruit Juices.