

THE KITCHEN

@ MEONCROSS  
SCHOOL



Week One: 20 Apr, 11 May, 8 Jun, 29 Jun,  
7 Sep, 28 Sep

M

Climate  
Friendly

- Crispy cheese & tomato pinwheel (v)
- Spicy samosa style roll with homemade chutney (ve) 🌱
- Golden sweetcorn (ve), cucumber (ve), rustic roasted vegetables (ve) 🌱
- Fruity blueberry slice (ve) 🌱

T

- Mexican burrito (v)
- Popping chicken fillet with homemade katsu sauce
- Wrap, rainbow stir fry, peas (ve) 🌱
- Wobbly wobbly jelly pots (v)

W

- Three bean roast with creamy cranberry sauce (v)
- Roast beef or turkey fillet
- Yorkshire pudding (v), gravy (v/gf), creamed potato (ve), seasonal vegetables (ve) 🌱
- Heavenly chocolate & pear brownie (v)

T

Climate  
Friendly

- Halloumi traybake (v)
- Twirly pasta (v) with creamy tomato (v) or roasted vegetable sauce (ve)
- Wholemeal pasta, roasted butternut squash (ve), broccoli (ve) 🌱
- Peach melba crunch (ve) 🌱

F

- Tender stuffed pepper (v)
- Thai salmon fish cake or fish of the day 🐟
- Chipped potatoes (ve), peas (ve), baked beans (ve) 🌱
- Fruit yoghurt (v), fresh fruit selection (ve) 🌱



THE KITCHEN

@ MEONCROSS  
SCHOOL



Week Two: 27 Apr, 18 May, 15 Jun, 6 Jul,  
14 Sep, 5 Oct

M

Planet  
Friendly

- **Mediterranean ragu (ve)** 🌱
- **Country potato tart (v)**
- Tricolori pasta (ve), pea, carrot & broccoli medley (ve) 🌱
- Irresistable chocolate cake bar (v)

T

- **Chunky vegetable and feta frittata (v)**
- **Juicy roast pulled pork or chicken**
- Crispy roasties (ve) or creamed potatoes (ve), seasonal vegetables (ve) 🌱
- Zesty orange cookie (ve) 🌱

W

Planet  
Friendly

- **Classic macaroni cheese with garlic bread (v)**
- **Tikka masala paneer with chapati & rice (v)**
- French green beans, peas (ve) 🌱
- Butterscotch crunch (v)

T

Planet  
Friendly

- **Sweet & sour noodles (v)**
- **Classic pizza slice (v)**
- Golden sweetcorn (ve), sunshine coleslaw (v), grated carrot (ve) 🌱
- Crumbly apple muffin (ve) 🌱

F

- **Crispy vegetable slice (v)**
- **Homemade beef burger or fish of the day** 🐟
- Chipped potatoes (ve), peas (ve), baked beans (ve) 🌱
- Fruit yoghurt (v) or fresh fruit selection (ve) 🌱



THE KITCHEN

@ MEONCROSS  
SCHOOL



Week Three: 4 May, 1 Jun, 22 Jun, 13 Jul,  
21 Sep, 12 Oct

M

Tasty  
Planet Day

- **Pepperoni pizza (v)**
- **Falafel wrap with garlic sauce (v)**
- Cucumber (ve), golden sweetcorn (ve), roasted vegetables (ve) 🌱
- Summery berry muffin (v)

T

- **Sweet potato curry & cous cous (ve)** 🌱
- **Rich bolognese sauce**
- Wholewheat pasta, carrots (ve), peas (ve) 🌱
- Squishy squash cake (ve) 🌱

W

- **Hearty lasagne (v)**
- **Crispy crumb chicken with homemade tomato & basil sauce or gravy**
- Crispy roasties (ve), sweetcorn, pea & carrot, medley (ve) 🌱
- Oaty fool (ve) 🌱

T

Tasty  
Planet Day

- **Big Mexican style chilli with sides (v)**
- **Milfoyl bowl (v)**
- Fluffy rice, crusty bread (ve), broccoli (ve), grated carrot (ve) 🌱
- Sunshine lemon cookie (ve) 🌱

F

- **Cheesy cauliflower (v)**
- **Meaty meatball sub**
- **Meoncross fish of the day** 🐟
- Chipped potatoes (ve), baked beans (ve), peas (ve) 🌱
- Fruit yoghurt (v) or fresh fruit selection (ve) 🌱



THE KITCHEN

  
@ MEONCROSS  
SCHOOL



## Best for you

Our Catering Team, led by Chef Debbie, prepares all lunchtime meals in-house from scratch, using high-quality, fresh ingredients that whenever possible, are locally sourced.

## Themed Days

Special holidays and seasonal events are celebrated with themed lunches. Details of these will be posted on our social media platforms and promoted around school.

## Good food, everyday

Fresh, oven-cooked baked potatoes with a choice of fillings, freshly baked bread, salad bar, fresh fruit, and yoghurts are available everyday.

## Upper School

Meal deals, street food options, and a choice of filled rolls/wraps/sandwiches are available everyday for Upper School pupils. Why not fill your roll with some salad from the salad bar?

## Nut-free zone

Whilst we do not bring whole nuts or ingredients with nuts into our kitchens, some products are subject to 'may contain' status in manufacturing. Dairy-free and gluten-free options are available daily.

## Allergy aware

All food is subject to availability and change. We make every effort to identify ingredients that may cause allergic reactions. We have strict policies in place to avoid cross-contamination, however, there is always a risk. We cannot guarantee a total absence of these allergens in the foods we produce.